Parts of the body

OBJECTIVE
• to know that there are different external parts of the human body

Bodies have parts.

Activity
Name your body parts.
Activity
Name these body parts.

Activity
Play a game. When your teacher names a body part, hold it up or point to it.

Words to say, read and use

<table>
<thead>
<tr>
<th>arm</th>
<th>finger</th>
<th>foot</th>
<th>hand</th>
<th>head</th>
</tr>
</thead>
<tbody>
<tr>
<td>leg</td>
<td>neck</td>
<td>shoulder</td>
<td>toes</td>
<td></td>
</tr>
</tbody>
</table>
People are different

**OBJECTIVE**
- to know that there are similarities and differences between human bodies

People in a family are different.

![Family diagram]

**Activity**

Who is the youngest? Who is the oldest?
Who is the smallest? Who is the tallest?

Who is a man? Who is a woman? Who is a child?
Faces are different.

Activity
Say what is different about these faces.

Activity
Draw a picture of your face.

Words to say, read and use
child  man  old  short  tall  woman  young
How I move

OBJECTIVE
• to explore how we use body parts to move and perform tasks

We use our legs and feet to move.

Activity

Look at these pictures and say the words.

walk  run  kick

dance  jump  skip

Activity

Show how you can move in different ways.
We use our arms, hands and head.

**Activity**

Say what these people are doing. Which body parts are they using?

1. Catch
2. Dig
3. Hold
4. Hug
5. Paint
6. Sign
7. Sweep
8. Throw
How I grow

OBJECTIVE
- to know about human growth and the different stages of human life

A baby grows inside its mother’s womb. Then it is born.

Activity
Say what the baby can do in each picture.
A baby boy grows into a man.

A baby girl grows into a woman.

**Activity**

Look at the pictures.

Who is oldest?  Who is youngest?
Who is tallest?  Who is smallest?

---

**Words to say, read and use**

baby  child  grow  man  mother  woman
Senses

OBJECTIVE
• to know about the human senses and their uses

We have five senses – seeing, hearing, smelling, tasting and touching.

We see with our eyes.

We hear with our ears.
We smell with our nose.

We taste with our tongue.

We feel with our skin.

**Activity**

Say what each person can see, hear, taste, smell or feel.

**Words to say, read and use**

<table>
<thead>
<tr>
<th>ears</th>
<th>eyes</th>
<th>hear</th>
<th>nose</th>
<th>see</th>
<th>skin</th>
</tr>
</thead>
<tbody>
<tr>
<td>smell</td>
<td>taste</td>
<td>tongue</td>
<td>touch</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Hearing sounds

OBJECTIVES
• to compare different sounds
• to explore how sounds are made

❖ Activity
What can Annie hear?

❖ Activity
Which sounds are loud? Which are quiet?
Which sounds do you like? Which sounds do you hate?

❖ Activity
Close your eyes. Listen for sounds. Hold up a finger each time you hear a different or new sound. Can you reach 10?
Instruments make music.

**Activity**
Show how you use each one.

**Activity**
Make a collection of sound makers.
Make sounds with them.
Make a loud sound. Make a quiet sound.
Make a fast sound. Make a slow sound.

**Words to say, read and use**
instrument loud music quiet sound
Looking at colours

OBJECTIVES

• to identify different colours
• to explore how we use colours

Activity

What colours can Dwight see?

Activity

Which colour means danger?
Which colour means that it is safe?
Activity
How many colours can you name?

You will need: paints, dishes, pencil, card, brush.

You can make lots of colours by mixing paints.

Draw a wheel like this.
Paint three parts red, yellow and blue.
Mix red and yellow. What colour does it make?

Mix red and blue.

Mix blue and yellow.

Use the colour mixtures to finish your wheel.

Words to say, read and use
black blue brown green orange pink purple red white yellow
How things feel

OBJECTIVE
• to explore how we use our skin to feel

We feel with our skin.

Activity
Can you say how these things feel? Choose words from the list below the pictures.

hard sharp soft smooth wet rough cold warm dry
Activity
Make a feely box.
You will need: a box with a lid, a collection of different objects.

Ask your teacher to cut a hole in the lid.
Put the objects in the box.

Take it in turns to put your hand in the box.

Hold one of the objects inside.
Say how it feels.
Can you guess what it is?

Words to say, read and use
feel skin touch
How things smell

OBJECTIVE
- to explore how we use our nose to smell

We smell with our nose.

Activity
What can these people smell?

Activity
Which smell is good? Which is bad?
Say how your sense of smell can keep you safe.
Activity
Which of these smells do you like?

Activity
Which is your favourite smell?

Activity
How good is your sense of smell?
Your teacher will cut slices of fruit.

Can you name a fruit by smelling it?
Do the test blindfold.

Words to say, read and use
bad  good  nose  smell
How things taste

OBJECTIVE
• to explore how we use our tongue to taste

We taste with our tongue.

Activity
What can these children taste?

1

2

3

4

Activity
Say which thing tastes:

sweet sour salty bitter
Activity
Do a taste test.
You will need: potato chips (different flavours).
Your teacher will put the chips on a plate.
Taste them one at a time.
Which flavour is each chip?
Were you right?

Activity
Which is your favourite ice-cream flavour?
Hold a vote.

Words to say, read and use
bitter  salt  sour  sweet  taste  tongue
End-of-Unit Test

Name these parts of the body. Say what each is doing.

Name these senses.
Look at this family.

Who is big? Who is small?
Who is oldest? Who is youngest?

Say how these people are moving.